

UNION HEALTH

Foundation



2021 IMPACT REPORT

IMPROVING HEALTH & WELLNESS IN THE WABASH VALLEY

Fulfilling Our Mission



Funding Education

\$88,056.00

- College scholarships for 2021-2022 academic year
- Breast center conference for clinical staff at Clara Fairbanks Center for Women
- Mobile simulation center to provide training for students, healthcare professionals and rural health providers
- Certifications for social workers



Supporting Service Lines/Programs

\$194,325.37

- Renovation & expansion of Cardiac Rehab
- Improvements to Child Development Center
- Creation of Auditory Development Program for Union's NICU
- Comfort Cart for Union healthcare professionals
- Tele-behavioral health counseling for Union healthcare professionals
- Birthday cakes for new mothers at Union Hospital



Improving Community Health

\$37,169.50

- Funding for the Mollie R. Wheat Memorial Clinic, a free health clinic for the Wabash Valley
- Transportation assistance for Medicare patients to attend doctor appointments
- Pediatric emergency resuscitation system for Terre Haute Fire Department
- Public AEDs on Union campus
- Home blood pressure monitoring devices
- Remote monitoring system for hypertension & congestive heart management
- Pulse oximeters for at-home monitoring
- Prescription food program for at-risk pregnant women



Caring for Patients

\$81,041.32

- Breast pump rental assistance
- Financial assistance for pre-diabetes classes
- Mammogram & diagnostic procedures for underinsured patients
- Car seats for low-income families
- Gas gift cards for NICU families
- Thermal totes for NICU moms to transport breast milk
- Care packages for patients receiving oncology treatments
- Scholarships for children to continue receiving therapy services
- Donor breast milk for moms unable to nurse
- Wigs for women undergoing cancer treatments



Providing Equipment

\$146,475.29

- Automated chest compression devices for ER & ICU
- Massage chairs/stress management room for clinical staff
- Portable ultrasound for respiratory therapy
- Ultrasound machine for guided injections at Bone & Joint Center
- Wheelchair handle extensions for Union Hospital Clinton
- Nuclear medicine equipment to improve accuracy and detail at Union Hospital Clinton

TOTAL DISTRIBUTIONS IN 2021 TO IMPROVE
HEALTH & WELLNESS IN THE WABASH VALLEY

\$547,067.⁴⁸

Unwavering Support of Extraordinary Efforts



As the world grows weary with the ongoing pandemic, our philanthropic community has repeatedly demonstrated their unwavering commitment to our mission of improving health and wellness in the Wabash Valley.

Examples of your impact are all around us – from providing reduced cost therapy services to children in need, to educating future healthcare providers and to advancing medical care through new programs and services.

Your generosity has fueled innovation and advancements in patient care, as well as provided vital support for our healthcare professionals in the face of relentless challenges and changes. In 2021, charitable gifts allowed Union Health Foundation to award 54 grants and 29 higher education scholarships.

Thanks to your continued commitment and dedicated support, the care provided across Union Health is changing lives and pushing the boundaries of discovery. The extraordinary efforts of the past year would not have been possible without the compassion and benevolence of our donor community.

Thank you.

Joel Harbaugh, Executive Director

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2021 Fundraising

At Union Health Foundation, donors support our mission to help improve health and wellness in the Wabash Valley through a variety of ways. We are proud of the diversity represented by our fundraising efforts through individual and employee giving, community businesses and corporations, major and planned gifts, special events and third-party events.

TOTAL CONTRIBUTIONS

\$777,621.⁷¹

Number
of Gifts

17,043

Number
of Donors

1,240

Fundraising Spotlights

Total Raised

\$121,956.³⁹

Employee Appeal

Our system-wide Employee Giving Campaign brings out the generosity and caring spirit of Union Health's workforce. A record-breaking 758 employees participated in the 2021 campaign.

Total Raised

\$145,107.⁴⁹

Community Appeal

New and returning donors, once again, supported the Foundation's annual year-end giving campaign with donations benefiting the Emerging Needs Fund.

Total Raised

\$140,303.⁵⁴

Events

While the Foundation's Gala was postponed due to the pandemic, the Golf Outing and Clay Shoot had 317 participants combined.

Healing in a Pandemic

In August 2021, Debbie Nickles started to feel very ill. A test revealed the Paris, Illinois resident was suffering from COVID-19. Debbie was admitted to her hometown hospital; however, her condition worsened requiring more specialized care. She was transferred to Union Hospital in Terre Haute and admitted to the COVID unit.

After 20 days of inpatient care, Debbie's condition improved, and she began to worry about being discharged. At the age of 65, she lived alone and was concerned about continuing her recovery without someone there to keep an eye on her.



Debbie Nickles with her dog, Teddy, in her Paris, Illinois home.

However, Debbie's concern was short-lived when she learned about a new program and medical equipment, funded by Union Health Foundation.

The Masimo SafetyNet Patient Management System was funded through a Foundation grant in 2020 to help

provide continued medical services for patients at home, and as a solution to safely care for the increased volume of COVID-positive patients in the community.

Debbie was discharged with the Masimo system, where she remained on the monitor for 17 days. At the time of discharge, she required six liters of oxygen and was still fighting fatigue, shortness of breath, and an increased heart rate. However, she was relieved to know that the pulse oximeter device given to her to wear was

transmitting essential health information to Union Hospital's monitoring site. The daily phone calls with the nurses kept her mind at ease as she continued her recovery at home with her dog, Teddy.

"You guys have no idea how thankful I am for Masimo – for being able to come home," Debbie said. "At that moment, I really had no secure place to go because the family all worked, and they wanted to make sure that I had security and ability to notify someone if I did have complications. In this respect, I was able to come and be in my own bed, in my own home, and have security of knowing somebody would call if my oxygen dropped or if my oxygen had went way down. I am just very, very, very grateful for having that peace of being in my own home and knowing that there was someone there for me."

The Masimo System has become an integral part of patient care during the pandemic. The technology has not only allowed patients to recover at home, but it also freed up much-needed room for higher acuity patients requiring hospitalized care. Union Hospital was the first hospital in the state of Indiana to provide 24-hour remote monitoring.

"This technology has allowed us to remind our patients that just because they are no longer within our four walls, they are still very much a priority to us here at Union Health. Masimo has given our patients the ability to recover at home, independently, which has also made a positive impact on their mental health during these times of uncertainty," said COPD Educator, Darcy Minnett, BSRT.

In 2021, Union Health provided care to 305 patients using the Masimo System. Patients were monitored for an average of 8-10 days.

The Foundation grant included funding for 600 disposable pulse oximeter devices, which transmit the patients' health data. Due to the program's success producing positive patient outcomes, Union Hospital was able to leverage that initial grant to secure an additional \$45,000 in project funding from the Federal Communications Commission.

The Future of Care

The Masimo SafetyNet Patient Management System was originally used to monitor patients with COVID-19 who were well enough to continue recovery at home, but still required medical oversight. However, the technology transcends that one application and was identified for a

pilot program through Union Health's Population Health Department to assist patients with chronic disease management.

Union Health Foundation awarded a \$5,400 grant to fund the three-month pilot program, which started in November 2021. Using the Masimo System, the program monitored 11 congestive heart failure patients under

Caring for our Caregivers

The pandemic continued to cause increasing challenges for healthcare professionals. Like the rest of the country, Union Health faced critical staffing shortages resulting in mandatory overtime work shifts and caregivers moving from their regularly assigned departments to help manage patient care in other units. Frontline healthcare workers face enormous stressors, including fear of contracting the virus, concern for protecting their families, grief over watching patients die and anxiety over resource rationing decisions – all of which can result in mental and physical fatigue and burnout.

At the beginning of the pandemic, a large focus was placed on methods of treatment and reducing the spread of COVID. In 2021, as the pandemic raged on, it became evident our healthcare professionals also needed care.



Creating Respite Rooms

Union's Employee Health Department saw an increase in absenteeism, staff resignations and reports of high stress levels from departments directly involved in the care of COVID patients.

Grants from the Foundation and the Service League of Union Hospital funded the creation of respite break rooms equipped with therapeutic massage chairs. Conveniently located within the ICU and Emergency Department, staff can step away for a moment of solitude to help reduce their stress and anxiety.

Counseling Services

Counseling services are available through Union's Employee Assistance Program. However, the pandemic's impact on caregivers greatly exacerbated the need for behavioral health support. Staff were facing wait times of 4-6 weeks to receive counseling services. Partnering with the Employee Health Department and the Lugar Center for Rural Health, the Foundation awarded a \$63,500 grant to provide free counseling services via a telehealth program model with employees receiving counseling support within 48 hours of their initial request.

Comfort Cart

The Foundation introduced the Comfort Cart in September 2021, during the surge of the Delta variant. The cart contains free snacks and drinks as a small token of appreciation for our caregivers. Many items for the cart are donated by the community.

The Foundation team regularly rounds with the cart on day and night shifts throughout the hospital, as well as other Union locations. The Comfort Cart has helped boost morale and provided an avenue for the community to show their support.

the care of Dr. Prashant Patel and 12 patients with hypertension under the care of Dr. Mark Schuld. Patients were given blood pressure cuffs, scales and tablets to wirelessly transmit daily health data points to clinicians, and their medications were adjusted as needed. Through this daily monitoring, the goal was to intervene in care before a patient's condition would exacerbate and require a visit to the emergency room. In just its short

time of being implemented, the program has already been extremely successful in improving the participants' health by identifying needs for medication adjustments, dietician support and additional patient education.

"Patients have shown increased engagement and improved awareness in their own health," said Parrish Horsley, Population Health RN Navigator.

A Giving Spirit

Christina Cantrell knows first-hand what families go through when their newborn is admitted to the Neonatal Intensive Care Unit. Her son, Parker, received NICU care shortly after his birth six years ago, and it was that experience that inspired Christina to give back and help others.

“Having a baby is a big time in your life and extremely emotional,” Christina said. “Then, you have this baby that you can’t even bring home – that’s hard.”

So, in 2016, Christina started a donation drive to provide thermal totes filled with care items for NICU mothers. The totes are useful for mothers needing to transport breast milk to the hospital.

“I know how important it is to support families and new moms who have NICU babies, because it is so hard to be away from them,” Cantrell said. “I felt this would be a really cool opportunity and people were really supportive of it.”

Thanks to Christina’s efforts and support from the community, she has carried on the donation drive each year since then supplying a total of 1,004 thermal totes.

In addition to supporting NICU families, Christina organizes an annual holiday donation drive to support patients undergoing cancer treatments. The Angel Care bags include blankets, chapsticks, word puzzles and other items.

“Honestly, cancer touches everyone. A lot of people have family members that have or have had cancer,” she said. “I felt like something around the holidays to raise the spirits of people who are fighting cancer was important.”



NICU staff surrounds Christina Cantrell (center, right) displaying the 245 thermal tote bags donated in September 2021.

Since 2017, Christina’s community drive has resulted in a total donation of 345 Angel Care bags to cancer patients at Union’s Hux Center.

“I feel like sometimes when you are going through these health situations, whether it is in the NICU or having cancer, you feel isolated and these types of things help people feel like they are not alone,” Christina said.

When the pandemic hit the community in 2020, Christina saw another need – this time supporting the health system’s caregivers with small bags of care items to show appreciation for their work.

While organizing the annual drives requires a great amount of work, Christina said the community has been extremely supportive and generous – making it all possible.

“This couldn’t happen without everybody that donates. There is no way that I could support this type of fundraiser alone,” she said. “It’s amazing what it has grown to be, and the support I have gained. The community is seeing this making a difference, and they are glad they are doing something to make somebody else’s life a little better.”

Life-Saving Equipment

Pediatric Resuscitation System

The Foundation awarded an \$8,445 grant to the Terre Haute Fire Department for the purchase of a Handtevy pediatric resuscitation system. THFD transports approximately 250 children a year. This new system will ensure children are receiving the highest level of evidence-based care and provide paramedics with the confidence and at-hand information to properly and quickly administer appropriate doses of life-saving medication during the most critical times. The use for the medications ranges from cardiac arrhythmias and seizures to induction for endotracheal intubation.



EMS Chief Diana Luther and EMS Training Officer Jarred Rankin with the pediatric resuscitation system.

Helping Children

On Sept. 7, Terre Haute Chick-fil-A hosted the first Union Health Foundation Spirit Day – donating 100% of all mobile food sales to the Foundation's Pediatric Therapy Fund.

Chick-fil-A staff worked alongside Foundation and Pediatric Therapy team members to promote the event and serve up customer orders. The community came out in droves resulting in the restaurant's highest day of mobile food sales ever for a total of \$8,500. Chick-fil-A owner/operator, Evan Williamson and his wife, Lauren, generously rounded up that amount to make a \$10,000 donation for the children! Evan plans to continue his support in Fall 2022 and host another UHF Spirit Day.



(L to R) Foundation Asst. Director Kelly Walker, Pediatric Therapy Director Kirsten Ford, & Foundation Philanthropy Assoc. Lauren Gross accept a check from Evan Williamson and Chick-fil-A team members Angie Maehler and Johnny Koehler.

The Pediatric Therapy Fund provides financial assistance to families in need, including those with commercial insurance that either deny therapy as a covered benefit or reach their visit limit for the year and still require therapy services. Eligible families only pay a \$10 co-pay for each therapy visit, and the fund pays the remainder of the fee. **Over the last three years, 116 kids from the Wabash Valley were supported through this fund.**



Carter Dillion works with Therapist Kirsten Ford.

Carter's Story

Five-year-old Carter Dillion is one of the children who has been helped by the Pediatric Therapy Fund.

Diagnosed with Apraxia, he started therapy when he was just 2 ½ years old. While his parents have medical insurance, their plan only covers a set number of therapy visits, and Carter required additional services.

"The Union Health Foundation Pediatric Therapy Fund has really been a blessing to our family to make it affordable to allow him to continue to receive all of the services that he desperately needed," said Carter's mother, Krissi Dillion.

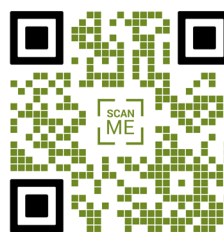
Use your smart device to scan the QR code and learn more about how donations have helped Carter get the care he needs.



Lucas Chest Compression Device

Union Hospital's Emergency Department provides care to nearly 60,000 patients annually, and approximately 300 of those patients experience cardiac arrest. To assist, the Foundation awarded an \$18,390 grant to purchase a Lucas Chest Compression Device.

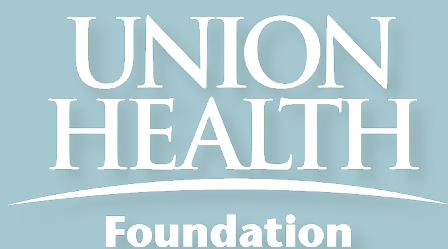
In an emergency, healthcare professionals are rotated every two minutes to provide chest compressions. In some cases, chest compressions need to be delivered for hours at a time. This device provides efficient and precise compressions every time and increases a patient's cerebral blood flow by nearly 20% versus manual compressions. It also frees up staff to focus on other areas of the patient's care. **Scan the QR code and hear first-hand from our ER team the benefits of this device.**



About Union Health Foundation

Established in 1985 as a 501(c)3, Union Health Foundation was created to engage the community in the support of improving healthcare and wellness in the Wabash Valley. Thanks to the generosity and kindness of our donors, we've been able to invest \$40 million in new medical equipment, patient assistance programs, advanced healthcare services, continuing education and community health initiatives.

Thank you for your support!



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